



Mayor's Minute

As we transition into autumn, the cooler temperatures and rainfall have brought a welcome reprieve from a challenging wildfire season and persistent drought conditions. Looking ahead, meteorologists predict a strong La Niña pattern this winter, signaling warmer and drier trends. I remain hopeful that our region will still receive the essential snowpack and moisture required to replenish our environment.

Over the last month, I have continued my advocacy for Medical Lake through active participation on multiple local and statewide boards. Ensuring our city has a voice before state legislators and agency partners remains a top priority.

Simultaneously, the City Council and staff are fully engaged in preparing the 2027 budget. Following recent meetings with department heads, we are ready for the annual council budget retreat in early October. The public budget schedule is finalized, and presentations will roll out during upcoming council sessions. As a reminder, you can view these meetings live, in person, or archived on our official YouTube channel.

Regarding disaster recovery, Spokane County is currently aggregating data to structure projects funded by a \$44 million federal reimbursable grant. A core takeaway from the Gray and Oregon Road fires is that recovery centers entirely on our housing and natural landscape. We recognize that many residents are still navigating the stress of rebuilding, clearing debris, and managing hazard trees. To ensure your household's unmet needs are accounted for in upcoming county projects, please contact the Spokane Region Long Term Recovery Group directly at <https://srltrg.org/contact-us>.

Strategic Framework

Medical Lake is investing in the systems and natural resources that sustain our community. Recent efforts to protect groundwater, improve stormwater management, strengthen utility planning, and update environmental safeguards support the Healing Waters Strategic Plan's Healthy & Sustainable Environment priority. Together, these actions help protect our lakes and drinking water, maintain reliable infrastructure, and ensure Medical Lake remains a healthy, resilient, and sustainable community for generations to come.

City Council Corner

- **Long-Range Planning.** In September, City Council updated development rules and adopted the Medical Lake Comprehensive Plan 2046—a 20-year roadmap for housing, transportation, parks, infrastructure, public services, and responsible growth.
- **Keeping Essential Services Running.** Medical Lake is strengthening emergency preparedness with backup power at five critical City facilities. These improvements will help keep water, wastewater, emergency communications, and other essential services operating during power outages. Installation and testing are nearly complete, improving the City's ability to serve residents when reliable infrastructure matters most.
- **Improving Public Spaces.** The City is investing in welcoming, accessible community spaces by replacing the Library's heating system and improving ADA access to the Fox Hollow Trail at Tara Lee. These projects will help keep valued public facilities comfortable, accessible, and enjoyable for residents of all abilities.

- **Planning for Reliable Utilities.** The City is pursuing WaterSMART grant funding while taking a closer look at the long-term needs of our water, wastewater, and stormwater systems. The utility rate study will help ensure these essential services remain reliable, well-maintained, and financially sustainable, while carefully considering impacts on residents.

In The News

West Medical Lake Recreational Advisory Lifted. Good news for lake users! The recreational advisory for West Medical Lake was lifted September 16 after follow-up testing showed toxin levels had returned below state guidelines.

2046 Comprehensive Plan Becomes Official. In September, City Council adopted the Medical Lake Comprehensive Plan 2046, our community's roadmap for the next 20 years. The plan will help guide future decisions about housing, transportation, parks, infrastructure, environmental protection, and community investment as Medical Lake grows and plans for the future.

Ten Years of Re*Imagine Medical Lake. Re*Imagine Medical Lake marked its tenth year in September. The volunteer-led organization supports business development, community education, citizen involvement, local markets, seasonal festivals, and recovery partnerships. Its next major opportunity is the October 31 Fall Festival, and volunteer registration is available through the organization. [Volunteer - Re*Imagine Medical Lake](#)

Community Calendar

October

- 10/3** – Re*Imagine Medical Lake Farmers Market
- 10/6** – City Council Meeting at 6:30pm in City Hall
- 10/12** – Watercolor Pain & Play at ML Library 6-7:30pm
- 10/13** – Columbus Day Holiday
- 10/20** – City Council Meeting at 6:30pm in City Hall (Revenue and Property Tax Hearing)
- 10/21** – Step into a Story: Book Character Costume Party at ML Library 3:30-4:30pm
- 10/22** – Planning Commission Meeting at 5:30pm in City Hall
- 10/27** – Medical Lake School Board Meeting at 6pm in the Administration Office
- 10/31** – Re*Imagine Medical Lake Fall Festival

November

- 11/3** – City Council Meeting at 6:30pm in City Hall (Preliminary Budget Hearing)
- 11/11** – Veterans Day Holiday (City Hall closed)
- 11/17** – City Council Meeting at 6:30pm in City Hall
- 11/19** – Planning Commission Meeting at 5:30pm in City Hall
- 11/26-27** – Thanksgiving Holiday (City Hall closed)
- 11/28** – Craft Fair at Medical Lake Middle School
- 12/1** – City Council Meeting at 6:30pm in City Hall (Final Budget Hearing)
- 12/12** – Re*Imagine Medical Lake Winter Festival, 12-5pm



Be sure to follow us on Facebook and Instagram!

Helpful links:

- [Re*Imagine Medical Lake](#) (Farmers Market and Festival information)
- [City Council - City of Medical Lake](#) (agendas and minutes)
- [Planning Commission - City of Medical Lake](#) (agendas and minutes)
- [Medical Lake School District](#)
- [Medical Lake – SCLD - Spokane County Library District](#)

 **COOLCANOPY**
BE COOL • BRANCH OUT
IN PARTNERSHIP WITH

COMMUNITY TREE PLANTING
+ FREE TREE WORKSHOP
FOR MEDICAL LAKE RESIDENTS
📅 **SATURDAY, OCTOBER 10**
🕒 **10:00 AM**
📍 **PEPER PARK**
Join your neighbors and help plant CoolCanopy trees at Peper Park!
Learn practical planting and tree-care techniques, then sign up to receive a **FREE** CoolCanopy tree for your property.

VOLUNTEER • LEARN • PLANT • GROW

MEDICAL LAKE PARKS AND RECREATION

YOUTH PROGRAMS AFTER SCHOOL PROGRAM

Join us every day after school at Hallett Elementary for some fun free play!

Grades: K-5th **Time:** 2:45-5:30pm

Dates: Monday-Friday every full school day

Cost: \$9/Per day (full week discount)

PINT SIZED PLAYTIME

Join us for some sensory play with your little one! Playtime activities will vary from class to class.

Ages: 1-4 yrs **Time:** 10:00-11:00am

Dates: 10/20, 11/17

Location: City Hall Auditorium **Cost:** FREE

SCHOOL'S OUT DAY CAMPS

Need something for your kiddo to do on their day off from school? We got you! Breakfast and snack will be provided, but make sure to send your kiddo with a sack lunch! Check out our day camp activities we have coming up this year!

Fall Fun at Rusty Truck Ranch

Date: 10/9 **Register By:** 10/7

Time: 7:30am-5:30pm **Cost:** \$50

Fall Break Camp

Dates: 11/23-11/24 **Register By:** 11/19

Time: 7:30am-5:30pm **Cost:** \$100

4REC WINTER SPORTS

4Rec Winter Sports focuses on teaching the fundamentals of the game, learning teamwork, and most of all, HAVING FUN! Teams will practice up to two times per week and play six weeks of Saturday morning games in Airway Heights, Medical Lake, and Cheney.

Girls and boys teams offered for 9/10 and 11/12 basketball! Last day to sign up is November 30th,

late sign ups will be subjected to a \$10 late fee and only accepted if space is available.

Dates: 1/4-2/20 **Register By:** 11/30 **Cost:** \$54

Winter Basketball

Spirit Squad: Cheer & Dance

Ages: 5-12

Ages: 7-12

Pre-Season Basketball Camp

Date: 12/19 **Cost:** \$10

5/6 - 9:00-10:00am

7/8 - 10:15-11:15am

9/10 - 11:30-12:30pm

11/12 - 12:45-1:45pm

Please note some age groups may be merged depending on registration numbers.

STAYING SAFE AT HOME EDUCATIONAL PROGRAM

Help your child take their first steps of independence with confidence! This program helps prepare students to safely stay at home alone by teaching safety and first aid skills. Classes will be taught by our certified Safe Sitter instructor, Jessica Chadwick!

Grades: 4-6 **Cost:** \$20 **Location:** Hallett

Time: 3:15-4:45pm Elementary School

Date: 10/14 **Register By:** 10/13

MINI MOVERS SPORTS

Help your mini mover develop hand-eye coordination through play-based learning. Each week will focus on a new skill, like throwing a ball or using their feet to kick!

Ages: 2-4 yrs **Time:** 5:15-6:00pm

Dates: Thursdays, 11/5-12/17

Location: Hallett Elementary Gym

Cost: \$54 for 6 weeks of once-weekly classes

LETTERS TO SANTA DROP OFF

We have made a very special arrangement with Santa's elves to accept mail for deliver to Santa this year! Bring your letters to Santa and drop them off with us at City Hall to receive a letter back from him by Christmas! Parents - please print, fill out, and submit the form on our website with your child's letter! You can find it at medical-lake.org/parks-recreation/youth-adult-recreation or ask for a copy in our office.

Drop Off Dates: 11/2-12/6

Drop Off Location: North Pole Mailbox located in the City Hall lobby

FAMILY PROGRAMS TAEKWONDO LESSONS

Join Master Hughes to enhance your fitness level, learn self-defense techniques, and build mental toughness! Classes help kids build focus, character, and self-disciplinary skills.

Dates: Every Wednesday, Friday, and Saturday!

Location: MLMS Wrestling Room

Tiny Tigers Classes **Cost:** \$80/month

Tiny Tigers is designed for children aged 3-6, focusing on developing fundamental physical and mental skills through fun and engaging activities.

Wednesday & Friday Classes: 5:30-6:00pm

Saturday Class: 2:00-2:30pm

Family Classes **Cost:** \$135/month

Challenge yourself to reach new heights in both mental and physical strength! Ages 7 and up.

Wednesday & Friday Classes: 6:00-7:00pm

Saturday Classes: 2:30-3:30pm

SQUARE DANCING LESSONS

Grab a partner and stretch your body and mind in this fun and social dance! No previous dancing skills required, so long as you can walk and listen at the same time. Not sure if square dancing is for you? Come to our FREE open house on 10/23 for a free lesson! Returning students will be invited to stay for an additional half hour workshop at the end of class. For ages 9 and up (must be 14 years or older to attend without a parent).

Dates: Fridays, 10/23-2/5 (13 weeks)

Time: 6:30-8:00pm (all students)

6:30-8:30pm (returning students)

Location: City Hall Auditorium

Cost: \$60 (new students)

Returning students are \$24 each or \$50 for families of three or more!

PUMPKIN PAINTING CONTEST

Show off your creativity and compete for the title of best pumpkin! Pumpkins will be judged in categories of 5-10 years and 11-17 years.

Time: 5:30pm-7:30pm **Cost:** FREE

Date: DROP OFF OR PAINT 10/22

Ages: 5-17 years old

Location: City Hall Auditorium for painting, drop off pumpkins at the front office!

TEEN PROGRAMS **Ages 11-17**

SAFE SITTER BABYSITTING CERTIFICATION PROGRAM

This program is designed to teach students basic safety, childcare, and first aid skills, as well as life & business skills to begin building their babysitting business! Classes will be taught by our Safe Sitter instructor, Jessica Chadwick, and students will graduate with a certification they can share with families to help get babysitting jobs. Transportation from MLMS will be provided.

Grades: 6th and up **Cost:** \$50

Dates: 10/6, 10/8, 10/13, and 10/15

Time: 3:15-5:00pm

Location: Hallett Elementary School



Interested in signing up for one of our programs? Scan the QR code here to get started!

Pinochle (55+)

Cost: FREE!

Socialize and meet new people in our weekly Pinochle group. Bring a snack to share.

12:00pm - 4:00pm Tuesdays & Saturdays

Location: City Hall Council Chambers



ALTITUDE TRAMPOLINE PARK

Join us at Altitude to for a teen jump party! Participants will meet at City Hall, transportation will be provided.

Time: 5:30-7:30pm **Cost:** \$25

Date: 11/13 **Register By:** 11/12

Ages: 11-17 years old

Location: Meet at City Hall

CANCELLED!

TEEN GAME NIGHT

Bring a friend to play a mix of game types, including console games, VR, board games, TTRPG's, and miniatures games.

Date: 11/4 **Register By:** 10/28

Time: 5:30pm-8:30pm **Cost:** \$20/player

Ages: 9-17 years

Location: City Hall Auditorium

ADULT PROGRAMS

ADULT BASKETBALL LEAGUE

Join us in February for adult basketball!

Registration will open in December, so talk to your friends and start planning your team now!

Cost: \$250 per Team

Dates: 2/7-3/14

SENIOR WELLNESS AT CITY HALL

Senior Yoga

Join us for a gentle and relaxing time of stretching and strengthening!

Date: Wednesdays, 11:30am-12:30pm

No Sunday and Tuesday classes in October

Cost: \$8/class

Senior Fitness Program

Learn new ways to stay agile and confident in your balance, movement, and strength!

Dates: Thursdays, 9/3-10/8 **Time:** 10:00-11:00am

Cost: \$5 per class

Jazzercise classes are in the City Hall Auditorium. See website for price and schedule.

www.jazzercise.com/location/jazzercise-west-plans