

MEDICAL LAKE PARKS & RECREATION ACTIVITY GUIDE

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Scan the QR code below
to see complete list of
programs & activities!

 Dollars for
Scholars®

CRAFT BEER FESTIVAL

MEDICAL LAKE'S SUMMER CONCERT SERIES



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Enriching Lives, Enhancing Community



recreation@medical-lake.org



(509) 565-5000 Ex. 2

POLICIES & PROCEDURES



REFUND POLICY

If a participant cannot attend their registered program due to unforeseen circumstances, Medical Lake Parks & Recreation will issue a refund via check from the City of Medical Lake within 30 working days of the request. Refunds must be approved by the City Council therefore can take some time to get approval depending on request date. Refund requests initiated by participants must be made at least three (3) working days before the start of the activity to receive a full refund. Account Credits can be requested up to 24hrs before the start of activity but will not be refunded. Credits or refunds will not be provided for missed classes or programs.

CANCELLATION POLICY

Occasionally, changes or cancellations may be necessary. Medical Lake Parks & Recreation reserves the right to combine, move, change, or cancel any class or activity. We will make every effort to notify participants of any changes or cancellations. If the department cancels a program, the participant may choose to either receive a refund via check or put credit on their Parks and Recreation Account for future use.

INCLEMENT WEATHER CANCELLATION POLICY

To ensure the safety of our participants, staff, and volunteers, the Medical Lake Parks and Recreation Department may cancel or postpone programs, events, or facility operations due to inclement weather. Department staff will reach out to appropriate parents and volunteers to inform them of cancellations and to help get the information out to those needed.

PRIVACY POLICY

Medical Lake Parks & Recreation will not sell or willingly share any information obtained through the registration process of its recreation programs or affiliated products with any third party. Information collected during registration may be provided to program instructors or coaches as necessary. However, the department must comply with the Washington State Public Records Act, Revised Code of Washington 42.56. We may use your information to inform you of activities or circumstances we believe are important to you or your family.

NON-DISCRIMINATION POLICY

In compliance with Federal and State laws, Medical Lake Parks & Recreation does not discriminate based on race, color, religion, sex, national origin, age, marital status, or disability. This policy applies to all community programs for youth and adults and employment with the department. Organizations or groups using Medical Lake Parks & Recreation facilities must adhere to this policy.

LOST AND FOUND

Medical Lake Parks & Recreation is not responsible for lost or stolen items. Items left unattended in any city-owned facility will be taken to the Lost and Found at City Hall. If the item has identifiable information, we will attempt to contact the owner and log the item. Items will be held for 14 days before being discarded or handed over to the Spokane County Sheriff, depending on the item's value.

NOTES FROM THE DIRECTOR

As summer winds down and the first signs of fall begin to appear, we're excited to welcome a new season of opportunities to connect, learn, and play. With students heading back to school and families settling into new routines, our Parks and Recreation team has been busy planning programs, events, and activities for all ages to enjoy. This fall, we invite you to explore everything our community has to offer—from youth programs and fitness classes to special events and outdoor recreation opportunities. Whether you're trying something new or returning to a favorite activity, we look forward to helping you make meaningful memories and stay connected with your community. Thank you for your continued support, and we hope to see you in our parks, programs, and events this season!

Glen Horton
Parks & Recreation Director

2026 COMMUNITY EVENTS AT A GLANCE

August 26th - MLSD First Day of School
September 5th - Farmer's Market
September 8th - Fall Youth Sports Begins
September 12th - Linger at the Lake and Dollars for Scholars Craft Beer Festival
September 19th - Farmer's Market
October 3rd - Farmer's Market
October 30th - Haunted Trail and Carnival at Waterfront Park
October 31st - Fall Festival
November 11th - Veteran's Day, City Hall Closed
November 23rd-27th - MLSD Fall Break
November 26th-27th - Thanksgiving, City Hall Closed
November 28th - Craft Fair
December 12th - Winterfest
December 21st- January 2nd - MLSD Winter Break
December 24th - Christmas Eve, City Hall Closed
December 25th - Christmas Day, City Hall Closed

WHATS HAPPENING IN MEDICAL LAKE

COMMUNITY SPOTLIGHT

Some people make a difference through big achievements; others make a difference simply by showing up, year after year, for the people around them. That was Leroy LaMaster.

For generations of Medical Lake youth, Leroy was a familiar face offering encouragement, support, and belief in their potential. Whether through coaching, volunteering, or cheering from the sidelines, he had a gift for making young people feel valued and capable. His impact wasn't measured by wins or awards, but by the confidence, character, and sense of community he helped inspire in countless local kids. Leroy's legacy lives on in the many lives he touched and the generations of community members who were fortunate enough to call him Coach, mentor, and friend.

In loving memory of Leroy Lemaster, thank you for your dedication to our community!



SCAN THE QR CODE HERE TO FOLLOW US ON FACEBOOK!



AFTER SCHOOL PROGRAM

Join us every day after school at Hallett Elementary for some fun free play. Children in the program will be dropped off by their teachers in the cafeteria, where we will then play games, head out to the playground, watch movies, and more!

Grades: K-5th **Time:** 2:45-5:30pm

Dates: Monday-Friday every full school day

Cost: \$9/Per day (discount available for full week sign up)

SCHOOL'S OUT DAY CAMPS

Need something for your kiddo to do on their day off from school? We got you! Breakfast and snack will be provided, but make sure to send your kiddo with a sack lunch! Check out our day camp activities we have coming up this year!

Fall Fun at Rusty Truck Ranch

Date: 10/9 **Register By:** 10/7

Time: 7:30am-5:30pm **Cost:** \$50

Fall Break Camp

Dates: 11/23-11/24 **Register By:** 11/19

Time: 7:30am-5:30pm **Cost:** \$100

Winter Break Camp

Dates: 12/21-12/22, 12/28-12/29 **Register By:** 12/17

Time: 7:30am-5:30pm **Cost:** \$100/week

PINT SIZED PLAYTIME

Join us for some sensory play with your little one! Playtime activities will vary from class to class, including sensory bins, open ended play, and take home crafts.

Ages: 1-4 yrs **Time:** 10:00-11:00am

Dates: 9/22, 10/20, 11/17, 12/15

Cost: FREE

STAYING SAFE AT HOME EDUCATIONAL PROGRAM

Safe@Home by Safe Sitter

Help your child take their first steps of independence with confidence! This program helps prepare students to safely stay at home alone by teaching safety and first aid skills. Classes will be taught by our certified Safe Sitter instructor, Jessica Chadwick!

Grades: 4-6 **Cost:** \$20 **Location:** Hallett Elementary School

Date: Tuesday, 10/14

Time: 3:15-5:00pm

4REC YOUTH SPORTS

4Rec Sports focuses on teaching the fundamentals of the game, learning teamwork, and most of all, HAVING FUN! Teams will practice up to two times per week and play six weeks of Saturday morning games in Airway Heights, Medical Lake, and Cheney.

Winter 4Rec Season

Dates: 1/4-2/20 **Cost:** \$54

Last Day to Register: 11/15

Sports Offered: Basketball, Spirit Squad: Cheer & Dance

Our league runs on the time and dedication of our parent volunteers! Interested in coaching your child's team? All volunteers receive a \$54 credit at the end of the season for their child to use towards any Parks & Rec programs!

We're looking for referees for Soccer, Flag Football, and Basketball! Please reach out to recreation@medical-lake.org if you are interested in nurturing the next generation of athletes!

MINI MOVERS SPORTS

Help your mini mover develop hand-eye coordination through play-based learning. Each week will focus on a new skill, like throwing a ball or using their feet to kick!

Ages: 2-4 yrs **Time:** 5:15-6:00pm

Dates: 11/5-12/17 **Thursdays (no class 11/26)**

Location: Hallett Elementary Gym

Cost: \$54 for 6 weeks of once-weekly classes

LETTERS TO SANTA

We have made a very special arrangement with Santa's elves to accept mail for delivery to Santa this year! Bring your letters to Santa and drop them off with us at City Hall to receive a letter back from him by Christmas! Parents - please print, fill out, and submit the form at the link below with your child's letter!

Drop Off Dates: 11/2-12/6

Parent Form: medical-lake.org/parks-recreation/youth-adult-recreation/

SQUARE DANCING LESSONS

Grab a partner and stretch your body and mind in this fun and social dance! No previous dancing skills required, so long as you can walk and listen at the same time. Not sure if square dancing is for you? Come to our FREE open house on 9/17 for a free lesson! Returning students will be invited to stay for an additional half hour workshop at the end of class. For ages 9 and up (must be 14 years or older to attend without a parent).

Dates: Thursdays, 9/17-12/17 (13 weeks)

Time: 6:30-8:00pm (all students)

6:30-8:30pm (returning students)

Location: City Hall Auditorium

Cost: \$60 (new students)

Returning students are \$24 each or \$50 for families of three or more!



HAUNTED TRICK OR TREATING TRAIL AT WATERFRONT PARK

Medical Lake Parks & Recreation is proud to present our first Haunted Trick or Treating Trail at Waterfront Park! Dress up in your best costume and come down to Waterfront Park to walk the trail and meet characters of all kinds. But beware--after the sun sets, ghouls and ghosts abound, so grab a friend and come out for a good scare. After you walk the trail, play some carnival games for the chance to win some candy. We can't wait to see you there! Plan to spend 20-30 minutes walking the trail.

Date: Friday, 10/30 **Ages:** All ages are welcome!

Trick or Treating Trail: 4:30-6:00pm

Haunted Trail: 6:30-8:00pm

Location: Trail starts at the north end of the trail. Parking available at Waterfront Park with shuttle to start of the trail. Carnival activities will be located at Waterfront Park by the Main Shelter

Cost: FREE!

We need volunteers for the Trick or Treating and Haunted Trail activities! Trick or Treating Trail volunteers will dress up in non-scary costumes for ages 10 and under, while Haunted Trail volunteers should dress ready to give a scare! Please email us at recreation@medical-lake.org for more information. All volunteers must pass a background check.

PUMPKIN PAINTING CONTEST

Show off your creativity and compete for the title of best pumpkin! Pumpkins will be judged in categories of 5-10 years and 11-17 years.

Time: 5:30pm-7:30pm **Cost:** FREE

Date: DROP OFF OR PAINT 10/22

Ages: 5-17 years old

Location: City Hall Auditorium for painting, drop off pumpkins at the front office!

TAEKWONDO LESSONS

Join Master Hughes to enhance your fitness level, learn self-defense techniques, and build mental toughness! Classes help kids build focus, character, and self-disciplinary skills.

Tiny Tigers Classes **Cost:** \$80/month

Tiny Tigers is designed for children aged 3-6, focusing on developing fundamental physical and mental skills through fun and engaging activities.

Wednesday & Friday Classes: 5:30-6:00pm

Saturday Class: 2:00-2:30pm

Family Classes **Cost:** \$135/month

Challenge yourself to reach new heights in both mental and physical strength! Ages 7 and up.

Wednesday & Friday Classes: 6:00-7:00pm

Saturday Classes: 2:30-3:30pm

SAFE SITTER BABYSITTING CERTIFICATION PROGRAM

Safe Sitter Essentials - Fall Course

Get your teen the start they need to competently and responsibly care for younger children! This program is designed to teach students basic safety, childcare, and first aid skills, as well as life & business skills to begin building their babysitting business! Classes will be taught by our Safe Sitter instructor, Jessica Chadwick, and students will graduate with a certification they can share with families to help get babysitting jobs. Transportation from MLMS will be provided.

Grades: 6th and up **Cost:** \$50

Dates: 10/6, 10/8, 10/13, and 10/15

Time: 3:15-5:00pm

Location: Hallett Elementary School

TEEN TRIP TO ALTITUDE

Join us at Altitude to for a teen jump party! Participants will meet at City Hall, transportation will be provided.

Time: 5:30pm-7:30 **Cost:** \$25

Date: 11/13

Ages: 11-17 years old

Location: Meet at City Hall

TEEN GAME NIGHT

Bring a friend to play a mix of game types, including console games, VR, board games, TTRPG's, and miniatures games.

Date: 9/25 **Register By:** 9/18

Time: 5:30pm-8:30pm **Cost:** \$20

Ages: 11-17 years

Location: City Hall



LINGER AT THE LAKE & DOLLARS FOR SCHOLARS CRAFT BEER FESTIVAL

Support your local Dollars for Scholars organization while enjoying some locally brewed craft beer and live music! Bay7 will be playing the best blues and rock hits from 70s to present, while vendors such as Inland Ale Works, West Plains Brewing, and more will have their favorite local brews for you to enjoy! Concert is free to attend, but beer garden will require a ticket for entry. Don't leave the kid's behind! Our Kids Zone will have facepainting, bounce castles, yard games, and more - all for free!

Ages: 21 and up for Craft Beer Festival, Kid's Zone activities open to all ages!
Date: Saturday, 9/12
Time: 4:00-8:00pm Music starts at 6pm!
Location: Waterfront Park

Cost: Craft Beer Festival tickets are \$25, includes 5 tokens to purchase drinks from vendors. Additional tokens available for purchase.

SENIOR PINOCHLE

Bring a snack and your A-game for this biweekly senior card group!

Dates: Every Tuesday & Saturday
Time: 12:00-4:00pm **Cost:** FREE
Location: City Hall Auditorium

LAKESIDE WALKING CLUB

Get out, meet new people, and enjoy some exercise with us as we walk around Medical Lake each week!

Date: Mondays, starting 8/7
Time: 10:00-11:30am **Cost:** FREE
Meeting Location: Waterfront Park

JAZZERCISE

Classes weekly at City Hall! See website for more info.

www.jazzercise.com/location/jazzercise-west-plains
Location: City Hall Auditorium

ADULT SPORTS

Gear up for adult sports! These fast-paced leagues and tournaments are open to ages 16 and older. All skill levels are welcome and spaces are limited, so sign up today!

All team members must register to play.

Adult Flag Football

Dates: 10/1-11/5 **Register By:** 9/18
Cost: \$200/team

SENIOR WELLNESS

Senior Fitness Program

Learn new ways to stay agile and confident in your balance, movement and strength!

Date: Thursdays, 9/3-10/8
Time: 10:00-11:00am **Cost:** \$5 per class
Location: City Hall

SENIOR YOGA

Join us for a gentle and relaxing time of stretching and strengthening with our fantastic instructor, Lanee Alaniz! Classes meet every week and can be paid for ahead of time on our website or by stopping by our office during work hours.

Wednesdays: 11:30am-12:30pm
Tuesdays & Sundays: 6:30pm-7:30pm starting 9/1
Cost: \$8/class
Location: City Hall Auditorium

PICKLEBALL

Looking for your new favorite obsession? Grab a paddle and hit the court — it's time to play pickleball! Starting 9/6.

Cost: FREE
Date: Sundays, 2:00-4:00pm
Location: Medical Lake Middle School

Interested in signing up for one of our programs? Scan the QR code here to get started!



All programs (including free activities) require registration prior to participation. If you have any questions or need help signing up for a program, please contact us at (509) 565-5000 Ex. 2 or email us at recreation@medical-lake.org

HOW DO I FIND OUT ABOUT CURRENT EVENTS?

We post regularly about upcoming events on our Facebook page, City of Medical Lake Parks & Recreation! If you get your utility bill in the mail, you can also find all our programs located in the Mayor's Newsletter!

HOW DO I SIGN UP FOR PROGRAMS?

Head to our website at www.medical-lake.org and click on "Youth & Adult Recreation" under the Parks & Rec tab. Click the blue "Programs & Sports" button at the top of your screen to browse and sign up for programs on DaySmart!

WHY CAN'T I FIND THE PROGRAM I'M LOOKING FOR ON DAYSMART?

Try these troubleshooting tips!

- Make sure you have the correct family member selected in the "Who are you registering?" field.
- Try using the "Activities" filter on the main screen.
- Try clearing out any additional fields, such as "Time of Year", "Gender", "Skill Level", or "Days of the Week".
- Still can't find it? Registration may be closed for the event you're looking for. Call us for more info!

HOW DO I RENT PARKS & REC FACILITIES?

You can now check out all facilities rentals on our registration platform, DaySmart, by using the Rentals tab! For more information, please reach out to our office at (509) 565-5000 ex. 2.

WHERE DO REGISTRATION FEES GO?

Registration fees go towards buying materials for programs, such as t-shirts, equipment, or craft materials, as well as staffing for events like youth sports referees!

HOW CAN I HELP?

Got a passion for recreation? Ask us about part time employment and volunteer opportunities! You can also donate to our RECreate Medical Lake Non-Profit to help fund scholarships and other community improvement projects!

WHO DO I CONTACT WITH OTHER QUESTIONS?

You can reach our Parks & Rec staff at (509) 565-5000 Ex. 2 or by emailing us at recreation@medical-lake.org.



LIVE MUSIC **FOOD VENDORS** **LINGER at the LAKE** **CRAFT BEER** **FAMILY ACTIVITIES**

Summer Concert Series at
Waterfront Park - **FREE ADMISSION**
Saturday, September 12th

DOLLARS FOR SCHOLARS
CRAFT BEER FESTIVAL
Time: 4:00-8:00pm Cost: \$25
FEAT. BAY7
Music starts at 6:00pm!



FRIDAY, OCTOBER 30TH
HAUNTED TRICK OR TREATING TRAIL
AT WATERFRONT PARK

Dress up in your best costume and come down to Waterfront Park to walk the trail and meet characters of all kinds. But beware - after the sun sets, ghouls and ghosts abound, so grab a friend and come out for a good scare.

Trick or Treating Trail: 4:30-6:00pm
Haunted Trail: 6:30-8:00pm

FREE FOR ALL AGES!



RE*IMAGINE MEDICAL LAKE

Fall Festival - 10/31
1:00-4:00pm High School Bus Loop
Join us for a pile of free family fun... and candy! Trunk-or-Treat, cake walk, and free pumpkins, you won't want to miss it!

Winter Festival - 12/12
11:00am-6:00pm Various Locations
Bring the family to visit Santa's Workshop, make cookies with Mrs. Claus, pet the reindeer, and so much more!



WE'RE HIRING!

PASSIONATE ABOUT RECREATION?

We're looking to hire responsible and enthusiastic individuals for our programs. If you enjoy working with kids or have sports experience, we'd love to chat with you about becoming a Recreation Assistant!

Part Time - Seasonal - After School Hours - Weekends

Requirements: Must be 16 years or older and pass a background check.

Sports and childcare experience beneficial, but not required!

Reach out at (509) 565-5000 ex. 2 or recreation@medical-lake.org