



Mayor's Minute

Hello friends, and neighbors, April showers truly do bring May flowers. After a long stretch of overcast winter days, the return of sunshine feels especially welcome. With fingers crossed and prayers said, we're also hopeful for just the right amount of spring rain—enough to keep our landscape green and help reduce wildfire risk this summer. As Chief Rohrbach often reminds us, we'll receive a full wildfire report in December. Wishing each of you a blessed and joyful Easter season.

In late March, City Administrator Sonny Weathers and I traveled to Washington, D.C. to advocate for federal funding to support much-needed upgrades at City Hall—important but often unseen infrastructure investments. Our City Hall HVAC system is more than 40 years old, the roof membrane has exceeded its useful life and requires a full tear-off and insulation replacement, and aging doors and windows contribute to ongoing inefficiencies. A recent cost analysis showed these improvements could generate annual energy savings of more than \$30,000, with the full project estimated at approximately \$1.4 million.

Because our city is too small to qualify for state assistance related to declining building energy efficiency, many partners encouraged us to pursue federal opportunities. Knowing the federal funding process can be complex, we retained John Culton of Capital Path Consulting—a highly regarded advocate with extensive experience. Within days of City Council approving the contract, John and his team secured meetings with congressional offices and successfully submitted our project into all three federal funding portals before their deadlines. Our visit to Washington, D.C., included meetings with key congressional staff to share Medical Lake's needs and priorities. With the cherry blossoms in full bloom and warm receptions from our delegation, it was both encouraging and productive. We will now closely track the funding process as proposals move through committee review, with final award announcements anticipated later this summer. This effort marks an important first step in building lasting relationships with our federal partners, and we are grateful to have a trusted team guiding us along the way.



Healing Waters Strategic Framework

The City of Medical Lake is committed to strengthening the essential conditions that support a safe, vibrant, and healthy community for all residents. This focus is revealed in recent road preservation projects, increased park maintenance efforts, and community policing visibility through continued collaboration with the Spokane County Sheriff's Office. The Comprehensive Plan Periodic Update offers an important opportunity to shape a safer, stronger, and healthier community. We encourage residents to share their ideas and help chart the path forward. For more information, visit [Comprehensive Plan - City of Medical Lake](https://www.medical-lake.org/Comprehensive-Plan-City-of-Medical-Lake)

City Council Corner

City Council Agenda Items. City Council continued its ongoing focus on public safety through an MOU with Spokane County for monitoring surveillance cameras and scheduling extra duty deputies on key dates. Council also reviewed the post legislative recap, noting a \$232,000 appropriation for Medical Lake's WWTP Ultraviolet Disinfection Upgrade. ([Legislative Bulletin](#) | [Final budgets](#) | [Millionaires tax](#) | [ALPR bill](#)). Another important discussion took place on whether to include Medical Lake in the West Plains Aquifer Protection Area. Finally, Council authorized dates for the 2026 Linger at the Lake Concert Series, continuing a popular summer tradition. ([Linger at the Lake - City of Medical Lake](#))

Workshops continue to guide the City's **Comprehensive Plan Periodic Update**. City Council continued discussions on key land use and housing topics shaping Medical Lake's future. Areas of focus included street vacation policies, zoning updates to support orderly growth, and strategies to encourage a range of housing options. Council emphasized the importance of aligning zoning regulations with community needs while preserving neighborhood character and improving connectivity. Affordable housing considerations were also discussed, with attention to meeting state requirements and supporting housing opportunities for residents across all income levels. These discussions will help guide future policy decisions and ensure the Comprehensive Plan reflects both current needs and long-term community goals. Scan the QR Code for more information.



In The News

West Plains Chamber of Commerce "State of the Cities" Annual Meeting. Mayor Cooper joined with regional partners to share updates on accomplishments, challenges, and priorities. The event provided an opportunity to strengthen regional partnerships and reaffirm a shared commitment to sustainable growth, community resilience, and continued cooperation among local jurisdictions.

Community Calendar

April

- 4/4** – Kiwanis Easter Egg Hunt, 11am in Waterfront Park
- 4/5** – Easter Sunday
- 4/7** – City Council Meeting at 6:30 pm in City Hall
- 4/18** – Re*Imagine Medical Lake Farmers Market, 9am-1pm in City Hall Auditorium
- 4/18** – Medical Lake Geology Walk & Water Sampling, 1pm-3:30pm at Waterfront Park
- 4/21** – City Council Meeting at 6:30pm in City Hall
- 4/23** – Planning Commission Meeting at 5:30pm in City Hall
- 4/25** – Fisherman's Breakfast, 6am-Noon, Station 311
- 4/25** – Slightly West of Spokane Spring Art Show – The Rosarium 9405 S. Williams Lane, Spokane. 10am-4pm
[Local Artisans Showcase](#)
- 4/28** – Medical Lake School Board Meeting at 6pm in the Michael Anderson Library and Zoom *NOTE: base access required for in-person attendance – Zoom link listed Monday, April 27, 2026, by 9am for virtual participation*

Helpful links:

- [Re*Imagine Medical Lake](#) (Farmers Market and Festival information)
- [City Council - City of Medical Lake](#) (agendas and minutes)
- [Planning Commission - City of Medical Lake](#) (agendas and minutes)
- [Medical Lake School District](#)



Be sure to follow us on Facebook and Instagram!

May

- 5/5** – City Council Meeting at 6:30 pm in City Hall
- 5/8** – Shred Day at City Hall
- 5/9** – Spring Clean Up and Green Up
- 5/10** – Happy Mother's Day
- 5/19** - City Council Meeting at 6:30 pm in City Hall
- 5/20** – WA Office of the Insurance Commissioner Outreach Forum
- 5/25** – Memorial Day Holiday (City Hall Closed)
- 5/26** – Medical Lake School Board Meeting at 6pm in the Hallett Elementary School Library and Zoom
- 5/28** – Planning Commission Meeting at 5:30pm in City Hall

SAVE THE DATE!
Saturday April 25, 2026

6AM-Noon

**Station 311
Medical Lake**



**Pancakes, Sausage,
Scrambled Eggs,
Coffee and Juice**

**50/50 Raffle
Kid Activities**

Annual Fisherman's Breakfast
Provided by the SCFD 3 Members Association

MEDICAL LAKE PARKS AND RECREATION

YOUTH PROGRAMS

AFTER SCHOOL PROGRAM

Join us every day after school at Hallett Elementary for some fun free play!

Grades: K-5th **Time:** 2:45-5:30pm

Dates: Monday-Friday every full school day

Cost: \$7/Per day (full week discount)

SCHOOL'S OUT SUMMER BREAK CAMP

Need something for your kiddo to do this summer? We got you! Join Medical Lake Parks and Recreation Staff for some fun and adventure. We will have daily activities planned, as well as field trips to places like the trampoline park, water park, and bowling alley! Breakfast and snack will be provided, but make sure to send your kiddo with a sack lunch! ! Registration available throughout summer on a first come-first serve basis.

Ages: 6-13 years

Dates: Monday-Friday, 6/22-8/21

Time: 7:30am-5:30pm

Cost: \$225/week per child

STAYING SAFE AT HOME EDUCATIONAL PROGRAM

Safe@Home by Safe Sitter

Help your child take their firsts steps of independence with confidence! This program helps prepare students to safely stay at home alone by teaching safety and first aid skills. Classes will be taught by our certified Safe Sitter instructor, Jessica Chadwick!

Grades: 4-6 **Cost:** \$20 **Location:** Hallett

Time: 3:15-4:45pm **Elementary School**

Date: Monday, 5/18 **Register By:** 5/15

SUMMER FUNDAMENTALS BASKETBALL CAMP

Join us for some summer basketball fun! The camp will focus on developing strong basketball fundamentals in a fun, competitive, and positive environment. Players will receive instruction, repetition, and game experience to help elevate their skills. Kids will build confidence and improve their game by focusing on skills such as ball handling, defensive techniques, proper shooting, and offensive and defensive rebounding. Camp may be split up into multiple age groups depending on registrations.

Time: 5:00-7:00pm **Dates:** 6/23-7/30

Grades: 4th-8th **Tuesdays & Thursdays**

Cost: \$100

CHECK OUT OUR PROGRAMS AVAILABLE FOR TODDLERS & PRE-K!

PINT SIZED PLAYTIME

Join us for some sensory play with your little one! Playtime activities will vary from class to class.

Ages: 1-4 yrs **Time:** 10:00-11:00am

Dates: Tuesday, 4/21, 5/19 **Register By:** 4/17, 5/15

Location: City Hall Auditorium

Cost: \$10/class

MINI MOVERS SPORTS

Help your mini mover develop hand-eye coordination through play-based learning. Each week will focus on a new skill, like throwing a ball or using their feet to kick!

Ages: 2-4 yrs **Time:** 5:15-6:00pm

Dates: Thursdays, 5/14-6/18

Location: Hallett Elementary Gym

Cost: \$54 for 6 weeks of once-weekly classes

TINY TIGERS TAEKWONDO

Join Master Hughes to build focus, character, and self-disciplinary skills! Tiny Tigers is designed for children aged 3-6, focusing on developing fundamental physical and mental skills through fun and engaging activities.

Dates: Every Wednesday, Friday, and Saturday!

Wednesday & Friday Classes: 5:30-6:00pm

Saturday Class: 2:00-2:30pm

Location: Hallett Elementary School Gym

Cost: \$80/month (members can come to any classes offered throughout week)

FAMILY PROGRAMS

FAMILY TAEKWONDO CLASSES

Challenge yourself to reach new heights in both mental and physical strength! Join Master Hughes to enhance your fitness level, learn self-defense techniques, and build mental toughness!

Dates: Every Wednesday, Friday, and Saturday!

Wednesday & Friday Classes: 6:00-7:00pm

Saturday Classes: 2:30-3:30pm

Location: Hallett Elementary School Gym

Cost: \$135/month

TAEKWONDO MEMBERSHIP SIGN UP PROMO: \$100 FOR YOUR FIRST MONTH, INCLUDING UNIFORM!

For more information about Taekwondo classes and how to register, please reach out at (509) 565-5000 Ex. 2

FOUNDER'S DAY TOURNAMENTS

Founder's Day Golf Scramble

Join us on the Friday of Founder's Day weekend for a fun and exciting 9-hole 4-person scramble at The Plains Golf Course. Register as an individual, a team, or a sponsor to get in on the fun!

Date: Friday, 6/19 **Check In:** 7:00am

Cost: \$300/team **Tournament:** 8:00am-12:00pm

Location: The Plains Fairways Golf Course, 9810 W. Melville Rd.

Founder's Day Co-Ed Softball Tournament

Get together a team and compete to be the Founder's Day Champions! Teams may include up to 15 players and must field at least 4 women and 4 men at any given time.

Date: Saturday, 6/20 **Start Time:** TBD

Cost: \$200/team

Location: Waterfront Park

TEEN PROGRAMS **Ages 11-17**

SAFE SITTER BABYSITTING CERTIFICATION PROGRAM

Safe Sitter Essentials

This program is designed to teach students basic safety, childcare, and first aid skills, as well as life & business skills to begin building their babysitting business! Classes will be taught by our Safe Sitter instructor, Jessica Chadwick, and students will graduate with a certification they can share with families to help get babysitting jobs. Transportation from MLMS will be provided.

Grades: 6th and up **Cost:** \$50

Summer Course

Dates: 5/27, 6/1, 6/3, 6/8

Time: 3:15-5:00pm

Location: Hallett Elementary School

LAKESIDE WALKING CLUB

Get out, meet new people, and enjoy some exercise with us as we walk around Medical Lake each week!

Date: Mondays, starting 4/20

Time: 10:00-11:30am **Cost:** FREE

Meeting Location: Waterfront Park



Interested in signing up for one of our programs? Scan the QR code here to get started!

ADULT PROGRAMS

SENIOR WELLNESS

Senior Fitness Program

Learn new ways to stay agile and confident in your balance and movement!

Date: Thursdays, 3/5-4/9, 4/23-5/28

Time: 10:00-11:00am **Cost:** \$5 per class

Location: City Hall Auditorium

SENIOR YOGA

Senior Yoga is back! Join us for a gentle and relaxing time of stretching and strengthening!

Date: Wednesdays starting 1/21

Time: 11:30am-12:30pm **Cost:** \$8/class

Location: City Hall Auditorium

SUMMER CLASSES AND TOURS WITH SUE HINES

Craft & Chat: Spring Floral Arrangement

Join Sue for her first floral designing class of the year featuring some beautiful, early spring flowers and showcasing a variety of fun techniques for designing at home.

Date: 4/18 **Register By:** 4/10

Time: 10:00am-12:00pm **Cost:** \$45

Plant Nursery Shopping

Tour different plant nurseries with us, then stop at MacKenzie River for lunch after!

Date: 5/1 **Register By:** 4/30

Time: 9:00am-4:00pm **Cost:** \$25

Craft & Chat: Floral Design Class

This month, Sue will be giving us tips and tricks on how to create beautiful floral arrangements with late spring blooms!

Date: 5/16 **Register By:** 5/9

Time: 10:00am-12:00pm **Cost:** \$50

Jazzercise classes are in the City Hall Auditorium. See website for price and schedule.

www.jazzercise.com/location/jazzercise-west-plans

Pinochle (55+)

Cost: FREE!

Socialize and meet new people in our weekly Pinochle group. Bring a snack to share.

12:00pm - 4:00pm Tuesdays & Saturdays

Location: City Hall Council Chambers