

# 2026 Spring 4Rec Practice Schedule

Shepard Field #1 (Big Field)					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
4:30-5:30pm					
5:00-6:00pm	Wortman 9/10 Girls Bangsund 9/10 Boys	Charette 11/12 Boys	Wortman 9/10 Girls Bangsund 9/10 Boys	Charette 11/12 Boys	
5:30-6:30pm		Munoz 9/10 Boys		Munoz 9/10 Boys	
6:00-7:00pm	Griffis 11/12 Boys		Chartrand 11/12 Girls Griffis 11/12 Boys		Chartrand 11/12 Girls
Shepard Field #2 (East Small Field)					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
4:30-5:30pm		Beyer 7/8		Beyer 7/8	
5:00-6:00pm	Groce 7/8	Wallace 7/8	Groce 7/8	Wallace 7/8	
5:30-6:30pm					
6:00-7:00pm	Tarr 7/8		Tarr 7/8		
Shepard Field #3 (West Small Field)					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
4:30-5:30pm	Winters 5/6		Winters 5/6		
5:00-6:00pm	McCaslin 5/6	Wallace 5/6 Hernandez 5/6	McCaslin 5/6	Wallace 5/6 Hernandez 5/6	
MLMS Football Field					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:30-6:30pm	Vieman 7/8 Alexander 9/10		Vieman 7/8	Alexander 9/10	
Shepard Field Side Lines					
6:00-7:00pm			Spirit Squad		Spirit Squad