#### MEDICAL LAKE PARKS AND RECREATION

### YOUTH PROGRAMS

### AFTER SCHOOL PROGRAM

School is back in session! Join us everyday after school for some fun free play. This unstructured program is a great way for your grade school children to blow off some steam after being in school all day. This year, we are excited to host the program at Hallett Elementary! This move will allow

us to open up program capacity to many more families, so grab your kiddo a spot today!



Grades: K-5 Time: 2:45-5:30pm

Dates: Monday-Friday, starting 9/2/25

Cost: \$7/Per day (full week discount)

#### RAPTOR REEF DAY CAMP

Get out of the cold and take a Jurassic plunge with us at Raptor Reef! Participants will get to spend the day at Triple Play's

dinosaur themed water park, including their wave pool, water slides, and aqua play park! This mini-camp will run from 7:30am to



5:30pm during the MLSD day off from school. Breakfast and snack will be included, **but all participants must bring their own lunch!!!** For grades K-5<sup>th</sup>

Please note, children must be 48" or taller to ride the water slides! Please check your child's height beforehand.

**Date:** 11/10 **Register By:** 11/5 **Time:** 7:30am-5:30pm **Cost:** \$90



Interested in signing up for one of our programs? Scan the QR code here to get started!

#### **4REC WINTER SPORTS**

4Rec Winter Sports focuses on teaching the fundamentals of the game, learning teamwork, and most of all, HAVING FUN! Teams will practice up to two times per week and play six weeks of Saturday morning games in Airway Heights, Medical Lake, and Cheney.

Girls and boys teams offered for 9/10 and 11/12 basketball! Teams will revert to co-ed if teams cannot be formed due to low reaistration.

**Dates:** 1/5-2/21 **Register By:** 11/23 **Cost:** \$54

<u>Winter Basketball</u> Ages: 5-12 <u>Spirit Squad: Cheer & Dance</u> Ages: 7-12

Last day to sign up is November 23rd, late sign ups will be subjected to a \$10 late fee.

### PRE-SEASON BASKETBALL CAMP

Get warmed up and ready for winter

basketball season with this one-day pre-season camp! Get your kiddos in the gym and brush off the dust as they work through some fun



drills and games with our staff.

Date: 12/6 Register By: 12/5

Cost: \$10 Location: MLMS Gym

**Ages 5-6:** 9:00am-10:00am **Ages 7-8:** 10:15am-11:15am **Ages 9-10:** 11:30am-12:30pm **Ages 11-12:** 12:45pm-1:45pm

Please note age groups may be merged depending on registration.

# KID'S CRAFT: STUFFED SNOWMAN ORNAMENT

Celebrate the coming season with us by watching a seasonal movie and making a cute stuff snowman ornament! This event is open to all ages, so bring the whole family for some winter fun!

**Date:** 12/7 **Register By:** 12/3 **Time:** 1:00-3:00pm **Cost:** \$12

Ages: 7 years and up!

### TEEN PROGRAMS Ages 11-17 ADULT PROGRAMS EWU WOMEN'S BASKETBALL GAME

Catch a ride with Medical Lake Parks and Recreation Staff to Eastern Washington Women's Basketball game! Registration fee will include game tickets, but bring extra money for food and snacks! Bus will leave from City Hall at 4:35pm.

**Date:** 11/17 Register By: 11/14 **Time:** 4:30-8:00pm Cost: \$20

## **Square Dancing Lessons**

Grab a partner and stretch your body and mind as we learn how to participate in this fun and social dance! No previous dancing skills required, so long as you can walk and listen at the same time. First lesson is FREE with 15 weeks of Thursday night classes to follow. Ages 8 and up!

FREE Open House (register online): 1/15

**Time:** 6:30-8:00pm **Cost:** \$75

## Christmas IN MEDICAL LAKE

### TEEN & SENIOR CHRISTMAS **SHOPPING TRIPS**

Got some Christmas shopping to get done? Catch a ride with our Parks & Rec staff to the Spokane Valley Mall and pick up the perfect gift for your loved ones! Just meet us at City Hall and we will provide transport.

Teen Trip (11-17 yrs)

**Date:** 12/14 **Time:** 10am-2pm **Cost:** \$15

Senior Trip (50+ yrs)

Date: 12/18 Time: 8am-12pm Cost: \$15

### LETTERS TO SANTA

We have made a very special arrangement with Santa's elves to accept mail for deliver to Santa this year! Bring your letters to Santa and drop them off with us at City Hall to receive a letter back from him by Christmas! Parents - please print, fill out, and submit the form linked in the QR code here with your child's letter! **Drop Off Dates:** 11/17-12/5

### **CRAFT & CHAT: SEASONAL WREATH**

**MAKING** 

Need a night out? Join us for a night of crafting and conversation! This month's project: Seasonal Wreath Making! Come out and join our guest instructor, Debbie Lull, as she guides



us through making one of her beautiful winter wreaths. Grab something yummy to eat or drink while you're at it from Roam Roasters.

**Date:** 11/15 **Time:** 4:00-6:00pm Register By: 11/12 **Cost**: \$45

**Location:** Roam Roaster Learning Center, 107 E Lake St, Medical Lake, WA 99022

#### Next Month's Crafts with Sue Hines

**Handmade Christmas Ornaments** 

**Date:** 12/10 Time: 12:30pm-2:00pm

Register By: 12/5 **Cost:** \$25

**Seasonal Evergreen Centerpieces** 

Time: 12:30pm-3:00pm **Date:** 12/20

Register By: 12/15 **Cost:** \$65

### **ADULT BASKETBALL LEAGUE**

Join us in February for adult basketball! Registration will open in December, so talk to your friends and start planning your team now!

Cost: \$250 per Team **Dates:** 2/8-3/22

Cost: FREE!

**Pinochle (55+)** Cost: FR Socialize and meet new people in our weekly Pinochle group. Bring a snack to share.

12:00pm - 4:00pm Tuesdays & Saturdays

Location: City Hall Auditorium



#### Jazzercise

Join us Saturday, 11/29 at 9:00am for a free class!

Location: City Hall **Auditorium** 

See website for price and scheduling www.jazzercise.com/lo cation/jazzercisewest-plans

Call (509) 389-1146 for questions.