



Mayor's Minute

Greetings Friends! I believe this is the 41st Medical Lake Community Connection Newsletter and Mayor's Minute! When I took office in January 2022 improved communications was one of my top priorities. The newsletter, now in its fourth year, along with a freshly updated website with news alerts, and an active Facebook presence, all contribute to timely information sharing, transparency, and bottom line, *people love it!* It is my desire that when the public needs to know something they can find solid answers through one of these channels. If not, we have added a *contact us* form accessed through the website City of Medical Lake where you can reach out and ask specific questions with an expected response within a day or two. These are all new, and friends, you're welcome! Creating a monthly newsletter, your newsletter, is time consuming and it seems the deadline approaches when we've hardly finished the last, but worth every effort. Your newsletter provides public works updates and notices, festival and event announcements, policy and legislative changes, upcoming park and recreation



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program announcements, public meeting schedules, and snippets about new businesses and other fun facts. It is my pleasure to serve you and keep you informed. I hope you're finding time to enjoy the beautiful summer days and evenings. Mark your calendars for final summertime Waterfront Park events namely: the annual **Bluegrass Festival** August 8th – 10th, get tickets here [Bluewaters Bluegrass](http://BluewatersBluegrass),

and our **FREE Linger at the Lake Live Music Concert** scheduled for August 28th at 6pm, featuring the JUSTYN PRIEST BAND, a four-piece guitar group serving up country, rock, and blues. Come enjoy the food, folks, and fun found only at the park! Linger at the Lake - City of Medical Lake



City Council Corner

Fireworks Advisory Vote Ballot Measure. City Council is asking voters to advise them on whether or not to prohibit the sale, possession, and discharge of consumer fireworks in Medical Lake. On November's Ballot, voters can voice their opinion, and the outcome may then be used by City Council to either take action to prohibit fireworks or leave things as they currently are. The Mayor appointed community members to "For" and "Against" Committees, whose statements will be in the Voter's Pamphlet along with an explanatory statement on the ballot measure. Your vote is your voice ... make it count!

Comprehensive Plan Periodic Update Survey Results. Community members shared what makes Medical Lake special and what they would like to see improved. Visit our Comprehensive Plan - City of Medical Lake page to learn more about the results.

WCIA Annual Review and Audit. The City met with our Risk Management Representative at Washington Cities Insurance Authority for an Audit and Annual Review of Public Works, resulting in no compliance items requiring follow-up.

In The News



City Hall Records Room Project Completed. We're proud to announce the successful completion of our Records Room Reorganization Project! Thanks to grant funding from the Office of the Secretary of State, we replaced all outdated shelving with sturdy metal units, re-boxed records into uniform State Archive boxes, and removed all non-record items to ensure a clean, efficient, and compliant storage space. A special thank you to project staff Kylie Wright and Sabrina Peterson for their exceptional work and dedication. This project was completed ahead of schedule and sets the foundation for a more consistent and accessible records management system.



New Business Highlight: Sushi House and Rocket Ice Cream. We are getting excited for the opening of a couple new businesses in Medical Lake. The Sushi House is located at 611 E. SR 902 and will offer sushi and Asian food. Rocket Ice Cream is located at 112 S. Lefevre St. just north of El Ixtapa Mexican Family Restaurant. Be sure to stop by and support your local businesses!

Waterfront Park Ballfield Lights. A majority of the wooden poles supporting softball field lights in Waterfront Park were destroyed during the Gray Road Fire. The City submitted and received payment from Washington Cities Insurance Authority for a related claim. City Council awarded the work to Triumph Electric, who is hard at work installing the new metal poles and LED lights. A reveal of the completed work is scheduled for immediately after the Linger at the Lake Concert on 8/28 (at approximately 8:00 pm). Join us for the concert at 6:00 pm and stay to help us turn the lights on.

Community Calendar

August

- 8/5** – City Council Meeting at 6:30 pm in City Hall
- 8/6** – Geology Walk and Water Sampling [Medical Lake Geology Walk & Water Sampling](#)
- 8/8-10** – Blue Waters Bluegrass Festival @ Waterfront Park [Blue Waters Bluegrass Festival 2025](#)
- 8/16** – Re*Imagine Medical Lake Farmers Market 9:00 am until 1:00 pm at Lake St. and Lefevre St. [Farmers Market - Re*Imagine Medical Lake](#)
- 8/19** – City Council Meeting at 6:30 pm in City Hall
- 8/23** – Airway Heights Day [Airway Heights Day](#)
- 8/26** – Medical Lake School Board Meeting at 5:00 pm in the Administrative Office and Zoom [School Board - Medical Lake School District](#)
- 8/28** – Planning Commission Meeting at 5:30 pm in City Hall
- 8/28** – Linger at the Lake Concert from 6-8pm at Waterfront Park [Linger at the Lake - City of Medical Lake](#)



September

- 9/1** – Labor Day Holiday
- 9/2** – City Council Meeting at 6:30 pm in City Hall
- 9/6** – Re*Imagine Medical Lake Farmers Market 9:00 am until 1:00 pm at Lake St. and Lefevre St. [Farmers Market - Re*Imagine Medical Lake](#)
- 9/16** – City Council Meeting at 6:30 pm in City Hall
- 9/20** – Re*Imagine Medical Lake Farmers Market 9:00 am until 1:00 pm at Lake St. and Lefevre St. [Farmers Market - Re*Imagine Medical Lake](#)
- 9/23** – Medical Lake School Board Meeting at 6:00 pm in the Administrative Office and Zoom [School Board - Medical Lake School District](#)
- 9/25** – Planning Commission Meeting at 5:30 pm in City Hall



Sports Physicals

When: August 12, 2025 from 9am-4pm
Where: MLSD Wellness Center
317 N Broad St.
Medical Lake
For scheduling or questions call or text
Julia with CHAS at 509-724-6768



Be sure to follow us on Facebook and Instagram!

MEDICAL LAKE PARKS AND RECREATION

YOUTH PROGRAMS

4REC FALL SPORTS

4Rec Spring Sports focuses on teaching the fundamentals of the game, learning teamwork, and most of all, HAVING FUN! Teams will practice up to two times per week and play six weeks of Saturday morning games in Airway Heights, Medical Lake, and Cheney.

9/10 and 11/12 teams will be sex-split unless teams cannot be formed due to low registration, in which case they will revert back to co-ed.

Dates: 9/8-10/25 **Cost:** \$54

Fall Soccer

Ages: 5-12

Fall Flag Football

Ages: 7-12

Fall Volleyball

Ages: 9-12

Spirit Squad: Cheer & Dance

Ages: 7-12

Regular registration closes August 4th and late sign ups will be subjected to a \$10 late fee.

KIDS' TERRARIUM BUILDING

Build your own miniature forest in a jar with us at City Hall! Once planted, terrariums only need to occasionally be misted with water to thrive, creating their very own little ecosystem!

Date: 8/23 **Register By:** 8/20

Time: 1:00-3:00pm **Cost:** \$30



AFTER SCHOOL PROGRAM

Join us everyday after school for some fun free play! This unstructured program is a great way for your grade school children to blow off some steam after being in school all day.

Grades: K-5 **Time:** 2:45-5:30pm
Cost: \$7/Per day (full week discount)

This year, we plan to relocate our program to Hallett Elementary to accommodate more families! Please join us for a trial run to work out the kinks of our new program! For grades K-5th, space is limited.

Dates: 8/12, 8/14, 8/19, 8/21

Time: 2:45pm-5:30pm

Cost: \$3/day (price discounted for trial program)

TEEN PROGRAMS **Ages 11-17**

ALTITUDE TRAMPOLINE PARK

Come with ML Parks & Rec to Altitude Trampoline Park! All participants will get a two hour jump pass. Bring some money if you want to play in the arcade or buy some food! Space is limited.

Date: 9/6 **Register By:** 9/3

Time: 11:00am-3:00pm **Cost:** \$12

HIKING AT MT. SPOKANE

Join Cheney Parks & Rec as they journey to Mt. Spokane to hike 4.5 miles to Quartz Mountain Lookout. Bring a pack with snacks, water bottle, and a lunch!

Date: 9/20 **Register By:** 9/12

Time: 10:00am-3:00pm **Cost:** \$20

Call Cheney Parks & Rec at (509) 498-9250 to register!

TEEN SWIM NIGHT

Get ready for an epic night of fun with Airway Heights Parks & Rec at Teen Swim Night! They'll have the pool open for volleyball, basketball, paddle boards, and more. Just bring your swimsuit and some friends!

Date: 11/21 **Register By:** 11/14

Time: 6:00-8:00pm **Cost:** \$10

Call Airway Heights Parks & Rec at (509) 244-4845 to register!

COMMUNITY EVENTS

LINGER AT THE LAKE - JUSTYN PRIEST BAND

4-piece hot guitar - country, rock and blues
Browse local vendors and enjoy some good music with us at Waterfront Park!

Date: 8/28 **Time:** 6:00-8:00pm

Cost: FREE!

MEDICAL LAKE 5K

Join us for a townwide 5K run, open to all ages! Make sure to register before the deadline to receive a t-shirt on race day. All late registrations will receive their t-shirt after the event.

Date: 9/27 **Register By:** 9/17 **Cost:** \$25

Time: 8:00am check in,
9:00am start time

TENNIS-A-THON

Come out and play tennis with us at the Medical Lake Tennis Courts! Sign up for a time slot by contacting City Hall using the information below OR hop in and play during an empty time slot the day of! All ages are welcome, just bring your own racket.

Date: 8/27 **Cost:** FREE!

Time: 9:00am-3:00pm

ADULT PROGRAMS

SPOKANE COUNTY FAIR SENIOR TRIP

Join us for Senior Day at the Spokane County Fair! Hitch a ride with Medical Lake Parks & Rec to the Spokane County Fairgrounds. Admission for ages 55 and up is free, so bring a friend and come on out for a great time!

Date: 9/8

Register By: 9/5

Time: 10:30am-2:00pm

Cost: \$7



Pinochle

Cost: FREE!

Socialize and meet new people in our weekly Pinochle group. Bring a snack to share.

12:00pm - 4:00pm Tuesdays & Saturdays

Location: City Hall Auditorium

Jazzercise classes are in the City Hall Auditorium. See website for price and schedule.

www.jazzercise.com/location/jazzercise-west-plans



Interested in signing up for one of our programs? Scan the QR code here to get started!

CRAFT & CHAT: LUXURY SPA GOODIES

Need a night out? Join us at City Hall for a night of crafting and conversation! This month's project: Luxury Spa Goodies! Participants will learn to make a variety of fun bath products to use at home or gift to others, including shower steamers, bath jellies, and sugar scrub bars! Ages 12 and up are welcome, but participants under 18 must be accompanied by an adult. *Please note the date change!*

Date: 8/16

Register By: 8/13

Time: 5:00pm-8:00pm

Cost: \$30



Next Month's Craft: Hand-Painted Tote Bags
Decorate your own tote bag using fabric paint and stencils to show off your creativity in style!

Date: 9/27

Register By: 9/24

Cost: \$21

FARM TOURS WITH SUE HINES

Summer farm tours are back with our lovely guide, Sue Hines! We will be offering several different tours this summer to local farms, where we will learn about what they do and get the chance to sample some of their products! Meet us at City Hall and we will facilitate transport. Space is limited for tours, so make sure to sign up today and grab yourself a spot. Make sure to bring a sack lunch. ADA accommodations available.

8/27 - Dahlia Farm Tour at Tall Grass Farms

Join us for a day designing in the dahlia fields. We will learn about growing, planting, storing, and harvesting dahlias while we harvest our dahlias. Then, we will create our own flower arrangements!

Time: 9:30am-2:00pm

Cost: \$30

10/9 - Wild Sage Farm Tour and Pumpkin Decorating

Be inspired to grow your own vegetables! We will learn from Heather about her farm, then pick pumpkins to bring back to City Hall to decorate!

Time: 12:30pm-6:00pm

Cost: \$30