

November

Medical Lake Connections

2024



Re*Imagine Medical Lake's Fall Festival 2024

Mayor's Minute



Mayor Terri Cooper

Greetings and Happy Holidays! What a remarkable Fall season, the weather has been fabulous. Time to bundle up it appears.

I heard through the grapevine the Fall Festival handed out more than 1000 pounds of candy with an estimated crowd of 2000, serving 800 treaters! That's impressive and again, no one does it like Medical Lake! Please pass along your gratitude to the Lions Club, Kiwanis, School District, SCOPE, Medical Lake Library, and Re*Imagine Medical Lake for once again creating a sense of community and the most perfect small-town American experience. In addition, local businesses donated dollars and goodies to give away more than 40 desserts in the cake walk which has become the most popular Fall Festival event. Without community partners these free-for-children festivals would not be possible! I am so grateful to live in such a great little city.

Speaking of Festivals, Winter Festival is just around the corner, scheduled for Saturday, December 14th. So many great things coming together says Re*Imagine President, Gerri Johnson. See the included flyer for details. Did you know that Festivals are a proven way to promote tourism and boost the local economy? It's true, and is the reason why the City, non-profit groups, and local businesses support seasonal festivals. Thank you for supporting those efforts and please spend your dollars local whenever possible.

To every business owner in Medical Lake, I want to extend my gratitude for what you do every day to make our city a special place. Thank you for your commitment, for sticking it out through the hard times, and for showing up every day to serve people. What you do matters!!

It is my prayer that each of you have a very blessed and wonderful Thanksgiving with friends and family. We have much to be thankful for with more than half our fire survivors back in their homes. We expect most if not all will be home within the next few months. It is good to give thanks in every circumstance. I'm grateful for the volunteers and givers that made the fire recovery work a success. While it seems long to us, others around the nation tell us the Spokane Region, and in particular the Gray Road Fire area, is well ahead of the norm. Why? We are a caring community and now the whole world knows!!

While city staff and council are focused on budgets and plans for 2025 please know that all we do is done for the good of our city. I've planned a listening tour for 2025 to hear your thoughts in greater detail related to planning and the future of Medical Lake. Outreach to you will come in many forms seeking your input from various departments within the City. Please plan to participate when the times comes. Your voice matters to me!



Public Meetings



City Hall Council Chambers
City Council Meetings 1st and 3rd
 Tuesdays at 6:30 pm
 Dates: 11/5, 11/19, 12/3
Planning Commission Meetings 4th
 Thursday at 5:30 pm
 Date: 11/21 (adjusted for holidays)

Gray Fire Community Meeting



Wednesday, December 11th - 6:30 pm
 Medical Lake City Hall
 Council Chambers

Kiwanis Turkey Bingo



Hallett Elementary School
Friday, November 22nd @ 6 pm
 Bring a can of food for the Food Bank
 Refreshments available for purchase

Comcast Begins Construction

Residents can expect to see construction in Medical Lake going north to south between Beverly Ave. and Tule Pond and east to west from S. Brayton Rd. to Medical Lake. Signs will be posted indicating work areas. Residents can visit Xfinity.com/mytown and enter their addresses for additional details on construction timing and upcoming service availability. The project is expected to be completed in 2025.



Medical Lake School District Wellness Center



The Wellness Center is free and open to all members of the Medical Lake community. Offerings include free mental health, community workshops, CHAS health, substance use therapy, free Wi-Fi access, free laundry facility access, and more. They are located at 317 N. Broad St. and open Monday through Thursday from 8am to 3pm, or by appointment.

Lefevre St. Sidewalk Update

Construction activity is underway with utility work taking place prior to the installation of new sidewalks and lighting. Crews are aiming to complete as much work as possible before winter weather arrives, yet completion will be in 2025.

Stay Informed with Push Notifications



Want to know if there will be road closures, upcoming events, or to just stay in the know of everything that is going on in Medical Lake? Scan the QR code to the left, sign up for our mobile alerts and updates, and we will keep you in the know of everything that is happening in our wonderful city.

City Council Budget Retreat Report

City Council held their annual Budget Retreat at Silver Lake Camp and Retreat Center on 10/16, continuing the discussion on projected revenues for 2025. Additional topics and activities focused on utilizing the City's strategic framework to clarify priorities in addressing fund deficits and allocating unrestricted revenue sources. Brainstorming resulted in a focus on tourism and economic development, updating our municipal code, and addressing utility rates and fees. At the conclusion of the Revenue Sources and Property Tax Hearing on 10/15, City Council directed staff to prepare a Property Tax Ordinance that does not increase the City's portion of property taxes in 2025 while adjusting garbage and wastewater rates to recover the costs relating to those services. The preliminary budget hearing is set for 11/5, and the final budget hearing is scheduled for 12/3. Citizens are welcome to share ideas and comments in writing or in person during the hearings.



City Hall will be closed on 11/11 for Veterans Day and 11/28-29 for Thanksgiving

YOU'RE INVITED TO THE RE-IMAGINE MEDICAL LAKE
WINTER FESTIVAL
 DECEMBER 14TH

12 TO 5 PM
 SANTA'S WORKSHOP - CELAS
 LIVE REINDEER & PONY RIDES
 GINGERBREAD HOUSE CONTEST
 MRS. CLAUS BAKESHOP UPSTAIRS CITY HALL
 ELF CRAFTS UPSTAIRS CITY HALL
 FREE FOR ALL KIDS
*SOME SUPPLIES LAST

ELF VILLAGE
 11/23-12/31
 CONEY ISLAND PARK

SMALL BUSINESS HOLIDAY SHOPPING
 11/30

CHRISTMAS MARKET
 CHRISTMAS WREATHS FOR VETERANS \$26 EACH

OTHER FUN:
 5K STOCKING STUFFER
 2PM - CHAVEZ CHAINSAW CARVING
 FIND THE CARDINAL
 SPOKANE AERIALISTS L.E.D. SHOW
 SELF-GUIDED LIGHT TOUR
 PARADE AT 5 PM ON LAKE ST
 FIREWORKS SHOW

TREE LIGHTING & FIREWORKS
 5PM - CONEY ISLAND PARK
 TOUR OF LIGHTS AFTER FIREWORKS

DOWNTOWN MEDICAL LAKE
 JUST 15 MINUTES WEST OF DOWNTOWN SPOKANE!
 VISIT MEDICALLAKE.ORG/WINTER-FESTIVAL
 FOR ALL EVENT TIMES AND DETAILS!

PLEASE WEAR YOUR FAVORITE WHOOVILLE COSTUME!

MEDICAL LAKE PARKS AND RECREATION

WINTER BREAK CAMP

Join Medical Lake Parks and Recreation Staff this winter for some daily fun and adventure. We will have daily activities planned, as well as field trips to places like the trampoline park, ice skating rink, and bowling alley! Daily breakfast and snack are included. **Bring your own lunch!!!**

Dates: 12/23, 12/26, 12/27, 12/30, 12/31, 1/2, 1/3

Ages: 8-13 yrs **Cost:** \$55 / day

Hours: 7:30am-5:30pm



THANK YOU TO RUSTY TRUCK RANCH FOR DONATING PUMPKINS FOR OUR YOUTH PUMPKIN DECORATING CONTEST! WE APPRECIATE YOUR SUPPORT.



AFTER SCHOOL PROGRAM

Join the Medical Lake Parks and Recreation Department everyday after school for some fun free play! We have video games, arts and crafts, board games, homework help, and so much more. This unstructured program is a great way for your grade school children to blow off some steam after being in school all day.

Grades: 3-5 **Time:** 2:45-5:30pm

Cost: \$7/Per day (full week discount)

2024 PRE-SEASON BASKETBALL CAMP

Join Medical Lake Staff for a pre-season basketball camp that will help get your kiddos ready for season play!

Dates: 12/14

Time: 5-8 yrs 8:30-10:00am | 9-12 yrs 10am-12pm

Cost: \$5



4REC WINTER BASKETBALL

Time for team play! 4Rec Winter Basketball focuses on teaching the fundamentals of the game, learning teamwork, and most of all, HAVING FUN! Teams will practice up to two times per week and play six weeks of Saturday morning games in Airway Heights, Medical Lake, and Cheney.

Dates: 1/6 - 2/22

Time: TBA

Cost: \$54



WINTER SPIRIT SQUAD: CHEER & DANCE

Bring your best team spirit and biggest smile to join our winter season Spirit Squad! Teams will practice up to two times a week and cheer on our 4Rec Winter Basketball teams with fun and exciting cheers and dance routine performances!

Dates: 1/6-2/22

Time: TBA

Cost: \$54



BLUE ZOO AQUARIUM ADVENTURE

Come on an adventure with our Rec Staff to Spokane's Blue Zoo Interactive Aquarium! Kids will get hands-on opportunities to touch and feed stingrays, birds, and reptiles. Participants will also get to see sharks, clownfish, seahorses and more!

Date: 11/23

Register By: 11/18

Time: 10:00am-2:00pm

Ages: 6-10 yrs

Cost: \$35



KIDS MOVIE NIGHT: HOME ALONE

Bring your friends and your favorite pillow for a Christmas themed movie night. This month's feature: Home Alone! We will have popcorn, pizza, and soda for all who attend!!

Date: 12/10 **Register By:** 12/6

Time: 6:00pm-8:15pm

Ages: 6-10 yrs **Cost:** \$10



TEEN PROGRAMS 11-15 yrs

EWU MEN'S BASKETBALL GAME

TAKE A BUS RIDE DOWN TO CHENEY WITH US TO CHEER ON OUR LOCAL UNIVERSITY MEN'S BASKETBALL PROGRAM!

Date: 11/17 **Register By:** 11/10

Time: 5:15-9:00pm

Cost: \$25



LASER WARS AT LASERMAXX

Join us at LaserMaxx Spokane for an action-packed day of laser tag fun. Meet us at City Hall and bring your friends! All participants will need to fill out and sign a waiver prior to playing.

Date: 12/8 **Register By:** 12/1

Time: 1:00-4:30pm

Cost: \$32



MOVIE MARATHON: STAR WARS

Bring your friends and your favorite pillow for a Star Wars Friday night series! We will have popcorn, pizza, and soda for all who attend!!

12/6- The Phantom Menace

12/13- Attack of the Clones

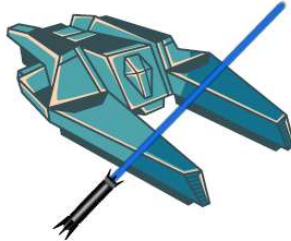
12/20- Revenge of the Sith

Dates: 12/6, 12/13, and 12/20

Register By: 12/2

Time: 6:00pm-9:00pm

Cost: \$20 (for three dates)



ADULT PROGRAMS

Fireside at Arbor Crest Wine Cellars

Visit the Arbor Crest Cliff House Estate and enjoy the fall ambiance with dinner, wine, and live music! Arbor Crest offers wine flights for \$20, as well as a specially crafted dinner and beer menu. Meet us at City Hall and we will provide transportation to and from the winery! Must be 21 or older to attend.

Day: 11/30

Register By: 11/23

Time: 4:45-9:00pm

Cost: \$10

Live Music

Green Corduroy - *Alt*

Rock/Jazz/Raggae

Adult Open Gym

Medical Lake Middle School will be open for adults to play basketball. Must be 16+ to participate. All participants must complete a waiver before playing. **Cost:** FREE

Dates: Sundays in Nov. & Dec. **Time:** 2:30pm

Yoga

Cost: \$8.00/Session

Come and enjoy a Yoga class designed for 55 and over! Sign a one-time waiver.

Payment due before class each week.

11:30am – 12:30pm: Wednesdays

Location: City Hall Auditorium

124 S Lefevre



Pinochle

55+

Cost: FREE!

Socialize and meet new people in our weekly Pinochle group. Bring a snack to share.

12:00pm - 4:00pm Tuesdays & Saturdays

Location: City Hall Auditorium, 124 S Lefevre St.

Medical Lake Run Club

Join other running enthusiasts and run an approximate 5k each week. Run Club T-Shirt included with registration fee. Sign up online and the Parks and Recreation Department will send out a start and finish point each week.

Date: 12/7 **Register By:** 11/30

Time: 10:30am-3:30pm **Cost:** \$15

Senior Christmas Shopping Day

Got some Christmas shopping to do? Come with us to the Spokane Valley Mall to get the perfect gifts for your loved ones! Meet us at City Hall and we will provide transportation to and from the mall.

Date: 12/7 **Register By:** 12/2

Time: 10:30am-3:30pm **Cost:** \$8

Jazzercise Classes are in the City Hall Auditorium. See website for price and schedule.

www.jazzercise.com/location/jazzercise-west-plans