

MEDICAL LAKE CONNECTIONS



MEDICAL-LAKE.ORG



Mayor Terri Cooper

MAYOR'S MINUTE

MAY 2024

Greetings friends and neighbors. Wishing all the moms a Happy Mother's Day!



This year marks the 50th anniversary of the Spokane hosted World's Fair, Expo '74. I too am celebrating my 50th anniversary of living in Medical Lake. My father received his 5th assignment to Fairchild Air Force Base that year and Expo '74 was my first introduction to Spokane. It was incredible and the first to have an environmental theme. The memories are vivid in my mind. The IMAX screen size was unprecedented and impressive, the various nations showcased their innovations and culture, the food delightful, and the carnival rides a must; my little sister Gerri and I vowed to ride every ride, and we did. I recall viewing the black and white photos of the pre-Expo site, it was nothing more than a depressed dirt and metal configuration of train tracks. The transformation was breathtaking, and so it remains to this day. I'm grateful for those visionaries, the city leaders of Spokane, who taught us to dream big and aim high. Spokane was, and still is, the little city that thought it could, and they did. What followed has been a long succession of big dreams coming to fruition. Spokaneites like to create the biggest and best of things, don't we? The people of this region think in terms of "what if", "why not", and "let's do this". Dreamers dream best together and at the end of the day it was the relationships and teamwork that have made them all happen. Dreamers know how to inspire the masses to be part of something bigger than themselves, and thousands of volunteers like you have kept those dreams alive.

MAYOR'S MINUTE CONTINUED

Let us continue to be kind and patient as the rebuilding efforts are in full swing and will continue through the rest of this year. Watch for opportunities to serve, there will likely be volunteer projects throughout the season. Medical Lake is the healing place!

MEMORIAL DAY



Memorial Day is a time to gather at cemeteries and parks to honor the loyalty and bravery of our fallen military heroes, the men and women who died in combat defending our freedom. It is also good to remember those quiet professionals who daily stand ready to serve the people of the United States and this region, God bless you! **City Hall will be closed in observance, Monday, May 27th.**

MAY IS ASIAN AMERICAN, NATIVE HAWAIIAN, & PACIFIC ISLANDER HERITAGE MONTH & FESTIVAL

Please join us in celebrating at Riverfront Park

Friday, May 10 | 4 p.m. to 7 p.m. (Vietnamese Heritage Day)

Saturday, May 11 | 10 a.m. to 5 p.m. (Luau & Fire Knife Show from 5 p.m. to 7 p.m.)

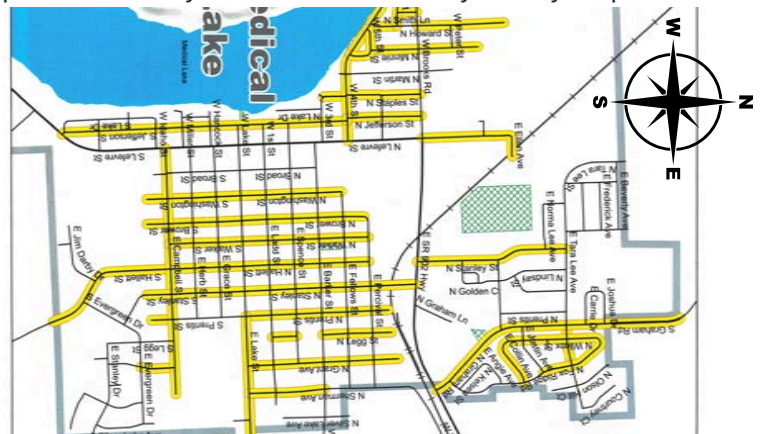
Sunday, May 12 | 11 a.m. to 4 p.m.

MAY IS SMALL BUSINESS MONTH!

These past few years have been particularly tough on our local businesses. Please remember to shop local. An Economic Town Hall Meeting will be held at City Hall Tuesday, May 14th, 6:00PM to collaborate with local businesses and the community.

OTHER NEWS

Scrub Seal Paving of all North and South city streets are slated to begin mid-July. Other infrastructure projects are underway expect traffic delays and detours. Thank you for your patience.



NORTH/SOUTH STREET PAVING MAP 2024

CONVERSATIONS ABOUT COMMUNITY

Updating Medical Lake's Comprehensive Plan

May 2024

Transportation

The transportation element of the comprehensive plan provides a multi-modal plan that supports land use and promotes healthy living.

At the April 18th meeting, the planning commissioners discussed the transportation chapter of the current comprehensive plan. The discussion revolved around how improving our streets will make them safer and more attractive. There was an emphasis on pedestrian and bicycle improvements.

Transportation Improvement Program

All cities are required to develop and adopt a six-year transportation improvement program (TIP). The TIP is a document that is updated every year and shows the funding sources and amounts for transportation improvement projects planned for the next six years. The City Council will be reviewing the TIP in June. You are encouraged to view the information that will be available on the City website and attend the meeting.

Strategic Plan Target for Streets

Medical Lake's Strategic Plan targets making "Multi-modal connections into and throughout the community. Advancing safe and reliable multi-modal transportation that facilitates the safe, efficient movement of people, goods, and services."

Complete Streets

Complete Streets is an approach to planning, designing, building, operating, and maintaining streets that enables safe access for all people who need to use them, including pedestrians, bicyclists, motorists, and transit riders of all ages and abilities. Complete Streets is an approach rather than a specific design. The process recognizes not all streets/communities are the same and therefore, each design reflects the communities needs.



Spokane Transit Authority

STA is working on a 10-year strategic plan. You can help improve service to Medical Lake by completing their survey: www.spokanetransit.com/survey/transit-priorities-survey

Planning Commission

The topic for the May 16th meeting is Public Services and Facilities. Meetings start at 5:30 and can be attended in person at City Hall or via Zoom. We encourage you to listen and give your opinion.



PUBLIC MEETINGS

CITY COUNCIL

1st & 3rd Tuesdays at 6:30PM

Meeting Dates: 4/2, 4/16, 5/7

City Hall Council Chambers
124 S Lefevre St, Medical Lake

PLANNING COMMISSION

Meeting Date: 5/16/24

City Hall Council Chambers
124 S Lefevre St, Medical Lake

GRAY RD FIRE COMMUNITY MEETING Wed. May 15th - 6:30PM

Medical Lake High School
Auditorium, 200 E Barker St

MARK YOUR CALENDARS

**5/10 SHRED DAY 9AM-NOON
CITY HALL - BACK LOT**

**5/11 SPRING CLEAN-UP DAY
8AM - 1PM
WATERFRONT PK**

**5/14 TOWN HALL - 6PM
Local Economic Development
City Hall Council Chambers**

**6/14 - 6/15 FOUNDERS DAY
PARADE AND FESTIVAL
MedicalLake.org/Founders-day**

**6/15 WEST PLAINS HOPE
ENCOUNTER** Amazing Grace Church with civic partners will host a fun family event and give away: food, children's shoes, and more. To give, volunteer or for information please call: (509) 235-6199 www.CheneyAg.org

FEED MEDICAL LAKE

St. John Lutheran Church
223 S Hallett, Medical Lake
(509) 968-2288
FeedMedicalLake.org

2nd Monday- 4:30PM - 6:00PM

Groceries and Meal

4th Monday- 11:30AM - 1:00PM

Lunch

*Home Cooked Meals

MEDICAL LAKE PARKS AND RECREATION

Kids Karate Summer Camp

Ages 7-12 Your child will participate 100% of the time. Self-defense, bully-proofing, personal space, and traditional karate movements are all part of this camp. Children will increase mental focus and meet physical challenges. Taught by a U.S. Martial Arts Hall of Fame member, best-selling author, and international instructor. Send your camper with a water bottle, sunscreen, and snacks every day – camp runs from Monday through Thursday.



Location: City Hall Auditorium

Dates - June 17-20, or/and July 22-25

Time: 9:00am to 12:00pm

Suggested Rate \$150

SUMMER BREAK DAY CAMP

Join Medical Lake

Parks and Recreation Staff

this Summer for

some daily fun and

adventure. We will have

daily activities and trips

planned to entertain your

children all summer long

Daily breakfast and snack are included.

Bring your own lunch.

Ages: 8-13 **Cost:** \$200

Hours: 7:30am-5:30pm

Skyhawks SuperTots **Ages:** 18 month-5 Years

SuperTots Sports Academy

provides sport-based development

programs where children discover and develop

athletic, motor, and social skills. SuperTots'

curriculum is specifically designed to promote

development along side a healthy, active lifestyle.

All Supertot programs held in Medical Lake can

be found at Skyhawks.com. NEW SESSIONS

AVAILABLE



Become an INSTRUCTOR

Do you have a special hobby, skill, or passion that you would like to share with others in our community? Reach out to us at City Hall and we will see if we have the time and space available to help you host classes to share your knowledge! **Phone:** 509-565-5007



Yoga! Cost: \$8.00/Session

Come and enjoy a Yoga class designed for 55 and over! Sign a one-time waiver.

Payment due before class each week.

11:30am – 12:30pm: Wednesdays

Location: City Hall Auditorium

124 S Lefevre



Pinochle Cost: FREE!

Socialize and meet new people in our weekly Pinochle group. Bring a snack to share.

Noon: Tuesdays

Location: City Hall Auditorium, 124 S Lefevre St.

MEDICAL LAKE'S SUMMER CONCERT SERIES



June 14, July 4th
August 1st, August 29th
6:00-8:00PM
Family Friendly

WATERFRONT PARK

TEEN PROGRAMS

FROZEN ON BROADWAY - INB

Enjoy your favorite songs you know and love from the original Oscar-winning film. This will be an unforgettable experience filled with Special effects, stunning sets, and costumes. Ticket price, transportation and supervision included with cost. Feel free to dress up, but not required! **Drop off and pick up at ML City Hall.**

Ages: 13-17

Date: 7/25

Cost: \$70

Register By: 5/18



SPOKANE INDIANS BASEBALL GAME

Check out your favorite local baseball team as they play the Hilsboro Hops of the Arizona Diamondbacks. Fee includes transportation to and from ML City Hall, entrance ticket, and supervision. Please send money with your teen if they would like to purchase food at the game.

Ages: 13-17

Date: 8/1

Cost: \$20

Register By: 7/26



TEEN HIKING CAMP

We are partnering with Cheney Parks and Recreation's popular hiking camp to take teens out for some fun and adventure. Our program will embark on beautiful daily hikes exploring hiking trails around Washington and Idaho. Hikes will be no longer than 4-5 miles each day. Bring lunch, snacks, water bottle, backpack, sunscreen, bug spray, good hiking shoes, and a hat everyday.

Ages: 13-17

Dates: 6/24 - 6/27

Time: 9:00am - 3:00pm

Cost: \$150

TEEN WHITEWATER RAFTING

Come raft whitewater rapids on the Clark Fork River with Wiley E Water's Whitewater Rafting Co.! Send your teen with a towel, sack lunch, sunscreen, and change of clothes.

Ages: 13-17 **Date:** 8/15

Time: 6:00am -4:00pm **Cost:** \$150

Register By: 7/18



ADULT PROGRAMS

Garden Tours

Join Sue Hines as we travel to local Farms and learn tips and tricks from the pros! More detailed information on trip. More Information can be found on our registration webpage. Please bring water and a snack if needed. Cost per trip is \$40 per person. Expected arrival back at ML City Hall is 3:30pm.



May 15th, 9:00am - Genna Bettin's Equine Partnership Training and Tall Grass Farms.

Women's Self-Defense

Women's Self-Defense is an all-encompassing 360-degree way to see the world. It is not always about hitting this way and moving like this. It is about seeing the moment before it occurs and knowing how to react when a situation goes sideways. Taught by Kris Wilder, U.S. Martial Arts Hall of Fame member.

Location: City Hall Auditorium

Dates: June 12

Time: 6:30 pm – 8:00 pm

Cost: \$50 (plus any taxes)

Sourdough Class

Learn how to make your own homemade Sourdough Bread in this short informational course. All supplies will be provided by instructor.

Date: June 8th

Location: City Hall Auditorium

Time: 10:30-1PM

Cost: \$30.00

COMMUNITY GARDEN

Medical Lake Parks and Recreation is now offering community garden plots for our community to plant, weed, feed, harvest.

Location: E. 515 Barker St. (Corner of Baker and Hallett St.)

Price: \$30.00/per year

Available: 10 gardening beds

Call: (509) 565-5007 or

Email: ghorton@medical-lake.org

