



# MEDICAL LAKE CONNECTIONS

JULY 2024

## MAYOR'S MINUTE



July 4th is a time to celebrate our faith, family, and freedom! I hope each of you found the time to do just that! While the suspension of fireworks in city limits has been the most recent topic, I appreciate the overwhelming support and kindness expressed in support of our friends and neighbors.

The Medical Lake City Council members and myself recently attended a strategic planning session led by City Administrator Sonny Weathers which included our capital improvement plan and our six year transportation improvement plan. The vision is clear, now for the funding!

The city's newly contracted grant writer, Julie Morin, started July 1, 2024. Please join me in welcoming Julie to the team. She will use these well developed plans to seek new grant funding opportunities for the city.

Washington State Transportation Commission recently hosted a tour and listening session in the West Plains. I joined the tour while City Administrator Sonny Weathers presented our 2022-2024 infrastructure grants to date are \$5.7 Million. The group was impressed, so am I!

Avista has a new face, Michelle McCollum, serving Medical Lake and other rural areas outside of the City of Spokane. Michelle shared their PSPS program for planned emergency outages. In those rare instances, Medical Lake City Hall will become a cooling, internet, and resource hub. Please see the AVISTA website to sign up for notices and more at [www.myavista.com/safety/were-doing-more-to-protect-against-wildfires/public-safety-power-shutoff](http://www.myavista.com/safety/were-doing-more-to-protect-against-wildfires/public-safety-power-shutoff)

## A TIME TO REBUILD, RESTORE, & REFLECT

Re\*Imagine Medical Lake will be hosting a coming home soon community event for survivors of the Gray Road Fire. Friends, families and neighbors are invited. Music, food, games, and giveaways will happen at **Waterfront Park, Sunday, August 18th from 3pm - 6pm**. Catered by Long Horn BBQ for those who pre-register, all are welcome. Please RSVP at the Re Imagine Office, 107 W Lake St, Medical Lake, Tuesdays or Thursdays, 12 noon - 4:00 pm during the month of July. Gifts and other giveaways for pre-registered fire survivors. All welcome!

## MEDICAL LAKE LIBRARY SHARES

Amber Williams, project managers for Spokane County Libraries attended the July 2nd council meeting to ask for the city's support to install an EV Charging Station at the Medical Lake Library; the unit is able to serve two vehicles. She also reminded us about the many summertime offerings available at the Medical Lake Library. For more information see their engage magazine <https://www.sclid.org/engage/>

## PUBLIC WORKS NOTICE - SCRUB SEAL NOTICE

Spokane County will be paving the North/South streets of Medical Lake beginning approximately July 18, 2024, with an expected timeline of two weeks. Street prep will begin following Founders Day.

**RESIDENTS:** If your street is affected, please move any obstacles such as basketball hoops and automobiles from the right of way to allow resurfacing equipment street access from shoulder to shoulder. Expect traffic delays. Please see the map for select street details.

<https://medical-lake.org/wp-content/uploads/2024/05/Scrub-Seal-Map-2024.pdf>



<https://www.bluewatersbluegrass.org/>



# LINGER *at the* LAKE

**Concert Series - Live Music**  
**August 1st, August 29th**  
**6:00-8:00PM**  
**Family Friendly**  
**Waterfront Park**



## CONVERSATIONS ABOUT COMMUNITY

### Updating Medical Lake's Comprehensive Plan

July 2024

#### Parks, Recreation, and Natural Areas

The Parks, Recreation, and Natural Areas element of the comprehensive plan supports the other elements of the plan. For example, it supports the quality of life and public health discussions found in the Land Use element and the trails discussion in the Transportation element.

Although this element is not required in the comprehensive plan, a master parks plan is required by the Washington State Recreation and Conservation Office (RCO) in order to qualify for funding.

#### Recreation and Conservation Office

The Washington State Recreation and Conservation Office (RCO) is a major source of funding for our parks and recreation programs. RCO grants made Waterfront Park possible by funding the softball fields, the pavilion, the boat launch, the beach, etc.

Currently, the City of Medical Lake is waiting to hear about a grant application for funding the replacement of the lighting system for the softball fields at Waterfront Park.

#### Planning Commission

The topic for the July 25th meeting is Parks, Recreation, and Natural Areas. Meetings start at 5:30 and can be attended in person at City Hall or via Zoom. We encourage you to listen and give your opinion.

[www.Medical-Lake.org](http://www.Medical-Lake.org)

509-565-5000

124 Lefevre Street



#### New Bus for Recreation Programs

Earlier this year the Parks and Recreation Program purchased a 15 passenger bus. The bus has allowed adult and youth programs to be expanded, including the opportunity for day trips, such as garden tours and summer break day camps.

#### Help us Plan for the Future

We want to hear from you. Use this QRC to access our parks and recreation survey.



#### Partnering with the School District

The Medical Lake School District is a valued partner in providing facilities and field space for recreation activities like basketball and karate.

**GRAY RD FIRE  
COMMUNITY MEETING**

**Wed. July 17th - 6:30PM**

**Medical Lake City Hall  
Council Chambers**

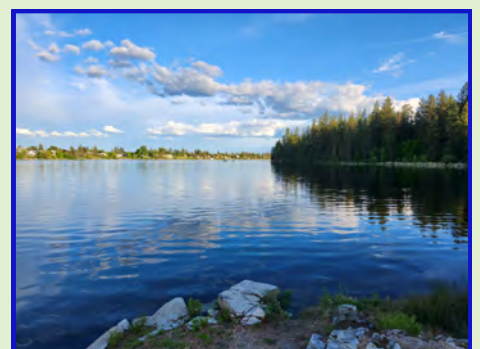


**CITY COUNCIL  
MEETINGS**

**1st & 3rd Tuesdays at 6:30PM**

**Meeting Dates: 7/2, 7/16, 8/6**

**City Hall Council Chambers  
124 S Lefevre St, Medical Lake**



# MEDICAL LAKE PARKS AND RECREATION



## Kids Karate Summer Camp

Ages 7-12 Your child will participate 100% of the time. Self-defense, bully-proofing, personal space, and traditional karate movements are all part of this camp. Children will increase mental focus and meet physical challenges. Taught by a U.S. Martial Arts Hall of Fame member, best-selling author, and international instructor. Send your camper with a water bottle, sunscreen, and snacks every day – camp runs from Monday through Thursday.



**Location: City Hall Auditorium**

**Dates - July 22-25**

**Time: 9:00am to 12:00pm**

**Suggested Rate \$150**

## FALL YOUTH SPORTS!!

Have your child participate in this progressive league where children learn the fundamentals of fall youth sports.

### Ages/Sport

Soccer: 5/6 | 7/8 | 9/10 | 11/12

Flag Football: 7/8 | 9/10 | 11/12

Volleyball: 9/10 | 11/12

COST: \$50\* SEASON: 9/9-10/24 (2 weekday practices & Saturday Games) REGISTER BY: 8/16

\*\$5 Late fee for registration after registration deadline.

## COMMUNITY GARDEN

Medical Lake Parks and Recreation is now offering community garden plots for our community to plant, weed, feed, harvest. Ten (10) beds available.

Pioneer Park - E. 515 Barker St.

Cost: \$30.00/annual

Contact: (509) 565-5007 | [ghorton@medical-lake.org](mailto:ghorton@medical-lake.org)

## ADULT PROGRAMS

### Garden Tours

Join Sue Hines as we travel to local Farms and learn tips and tricks from the pros! We will be visiting Durst & Son's Apiary (Honey), Tall Grass Farms Dahlia Fields, and Wild Sage Farms (Pumpkin Patch).

Date: August 20th | Time: 8:00am - 3:30pm

Location: ML City Hall | Cost: \$40

## Become an INSTRUCTOR

Contact us at City Hall and work with our talented staff to help you share your gifts and knowledge with the community. PH 509-565-5007 | [Glen@Medical-Lake.org](mailto:Glen@Medical-Lake.org)

### adult classes

**JAZZERCISE!! City Hall Auditorium.**

16+

**See the website for cost and schedule.**

[www.jazzercise.com/location/jazzercise-west-plains](http://www.jazzercise.com/location/jazzercise-west-plains)

Yoga! Cost: \$8.00/Session

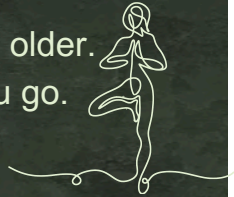
Yoga classes designed for 55 and older.

Sign a one-time waiver. Pay as you go.

11:30am – 12:30pm: Wednesdays

Location: City Hall Auditorium

55+



Pinochle Cost: FREE!

Held Weekly, Bring a snack to share.

Tuesdays at Noon - 3pm

Location: City Hall Auditorium, 124 S Lefevre St.

