



MEDICAL LAKE

FOUNDERS DAY

- Est. 1872 -

sprint
tri

TRAILBLAZER TRIATHLON

VINCENT "DUFFY" READY MEMORIAL RACE

DATE: Saturday, June 17th at 1 p.m.

WHERE: Coney Island Park

(Lake & Jefferson) Medical Lake, WA

DISTANCES: 350M swim / 12.2 mi bike / 2.92 mi run

Register & info Online <http://medicallake.org/triathlon>

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